

# 9th ANNUAL PORTUGAL DAY

## SUNDAY, JUNE 8, 1986

# 10K Race



**BNB**  
BROAD NATIONAL BANK

THE BANK THAT SPEAKS  
YOUR LANGUAGE

**The Furniture King**

65 Market St., Newark, NJ 07102—Tel. 622-8235  
128 Market St., Newark, NJ 07102—Tel. 624-2886  
116 Broad St., Elizabeth, NJ 07201—Tel. 289-6100  
885 Springfield Ave., Irvington, NJ 07111—Tel. 374-0001

Organization of  
**PORTUGUESE DEN OF LIONS**  
10 Gothard St.—Newark, N.J. 07102  
Tel. (201) 588-7878

**TEIXEIRA'S BAKERY**  
119 Kossuth Street—Newark, N.J. 07105  
Tel. (201) 588-6875

**PORTUGUÊS do ATLÂNTICO**  
Information Bureau  
73-75 Ferry St.—Newark, N.J. 07105  
Tel. (201) 588-6368

**TUCHA GIFT SHOP**  
112 Ferry St.—Newark, N.J. 07106  
Tel. (201) 588-3681

RACES:

**2 MILES**  
8:45 A.M.

**10K**  
9:15 A.M.

**1 MILE**  
Roller Skates  
10:30 A.M.

**3/4 MILE**  
Elementary School  
Ages Only 10:45 A.M.

**PLACE:** Start—Finish—Check-in—Awards—At the Portuguese Sport Club, Ferry and Prospect Street, Newark-Ironbound.

**PARKING:** Free Parking Area at Peter Franciaco Park—Near Penn Station.

**T-SHIRTS:** Commemorative T-SHIRTS TO PRE-REGISTRANTS ONLY (10K and 2 Miles).

**FEES:** 5.00—Pre-Registration, Postmarked no later than June 4, 1986.

6:00—Post-Registration (7:00—8:15 AM—No T-Shirt)

NOTE: Computerized results Pre-Registration desirable

3:00—Pre-Registration—Roller Skates Race (No T-Shirt)

4:00—Post-Registration—Roller Skates Race (No T-Shirt)

2:00—3/4 Mile Elementary School Ages Only: (Pre/Post)

**AWARDS:** 10K—

- Trophy over-all winners
- Trophies 1-2-3 age groups
- Medals 4-5 age groups
- Medals 6-7-8-9-10 (20-29, male age group)
- Gift certificates to over all and age group winners.



**2 MILES—**

- Trophy over-all winners
- Trophy age group winners
- Medals 2-3 age groups

**1 MILE—(Roller Skates)**

- Trophy over-all winners
- Trophy age group winners
- Medals 2-3 age groups

**3/4 MILE—(Elem. Schools)**

- Medals to all finishers.

**10K TEAMS COMPETITION—5 runners or more**

- Trophy best 3 male teams (5 runners scored)
- Trophy best 2 female teams (3 runners scored)
- **TEAMS—Pre-Registration mandatory**
- Changes not allowed on day's race

**COURSE:** Flat, Splits 1-3-5 miles; 5 water stations.

**AMENITIES:** Changing and toilet facilities at the Portuguese Sport Club. Soft drinks served after the race.

**TOP AIR PORTUGAL**



### AGE GROUPS

10 K		2 MILES		ROLLER SKATES		3/4 MILE (Elem. School)	
MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
12 & Under	12 & Under	12 & Under	12 & Under	12 & Under	12 & Under	7-9	7-9
13-16	13-16	13-16	13-16	13-17	13-17	10-11	10-11
17-19	17-19	17-19	17-19	18-30	18-30	12-14	12-14
20-29	20-29	20-29	20-29	30 & Over	30 & Over		
30-34	30-39	30-39	30-39				
35-39	40-49	40-49	40-49				
40-44	50 & Over	50 & Over	50 & Over				
45-49							
50-59							
60 & Over							

**PORTUGAL DAY FEAST—** Bring the family. Plan to spend an enjoyable day. An opportunity to see portuguese folkloric dancers, arts & crafts, portuguese food, wine & beer. Parade at 2:00 PM, Ferry Street will be closed to traffic, from Saturday afternoon till Sunday evening.

**INFORMATION:** For further information please call: **PORTUGUESE DEN OF LIONS: 688-7878** (After 8:00 PM)

In consideration of the acceptance of this entry, I hereby waive and release all claims for damage or injury I may have against the Portuguese Den of Lions, City of Newark and sponsors of the Portugal Day—Races held on Sunday, June 8, 1986. I attest and verify that I am physically fit and have trained sufficiently for this race.

Running—2 mile ☐ 10 K ☐ Roller Skates ☐ 3/4 Mile (School) ☐

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Birthdate \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Team Entry \_\_\_\_\_ (all 3 applications must be mailed in one envelope, if possible)

Signature \_\_\_\_\_ Parent or Guardian if applicant is under 18.

Please complete the above information and include a \$5.00 check (per person) made out to **PORTUGUESE DEN OF LIONS**.

And mail to: **PORTUGUESE DEN OF LIONS**  
18 Gothard Street—Newark, N.J. 07105

**T-SHIRTS:** Adult S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ Children S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_